

Objective #1

Describe conceptual models to frame activity-based interventions to promote physical ...

ICF and F-words

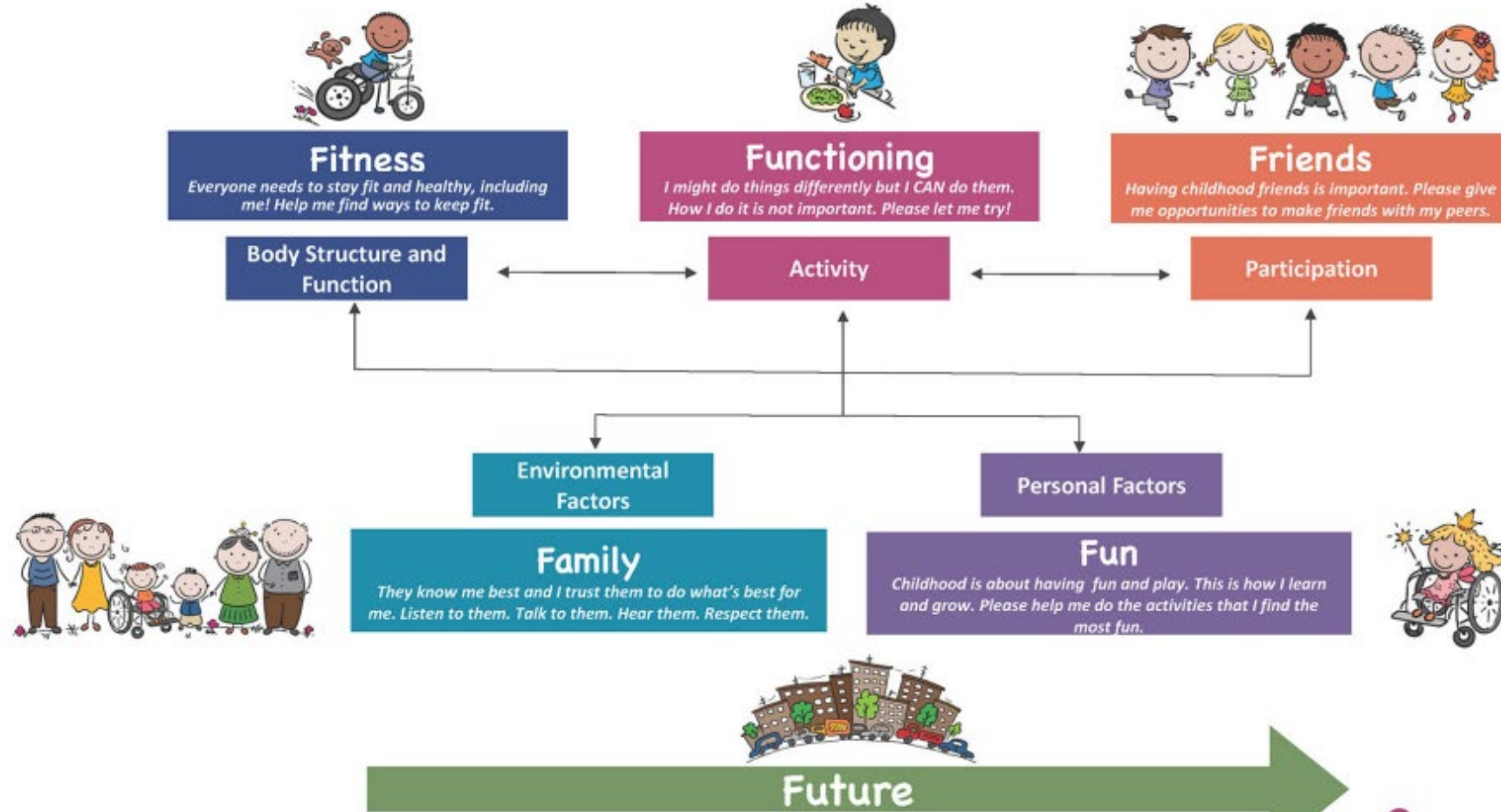
by WHO & Rosenbaum & Gorter

ParticipateCP

by Sarah Reedman

Practical examples from Finland

The ICF Framework¹ and the 'F-Words'²



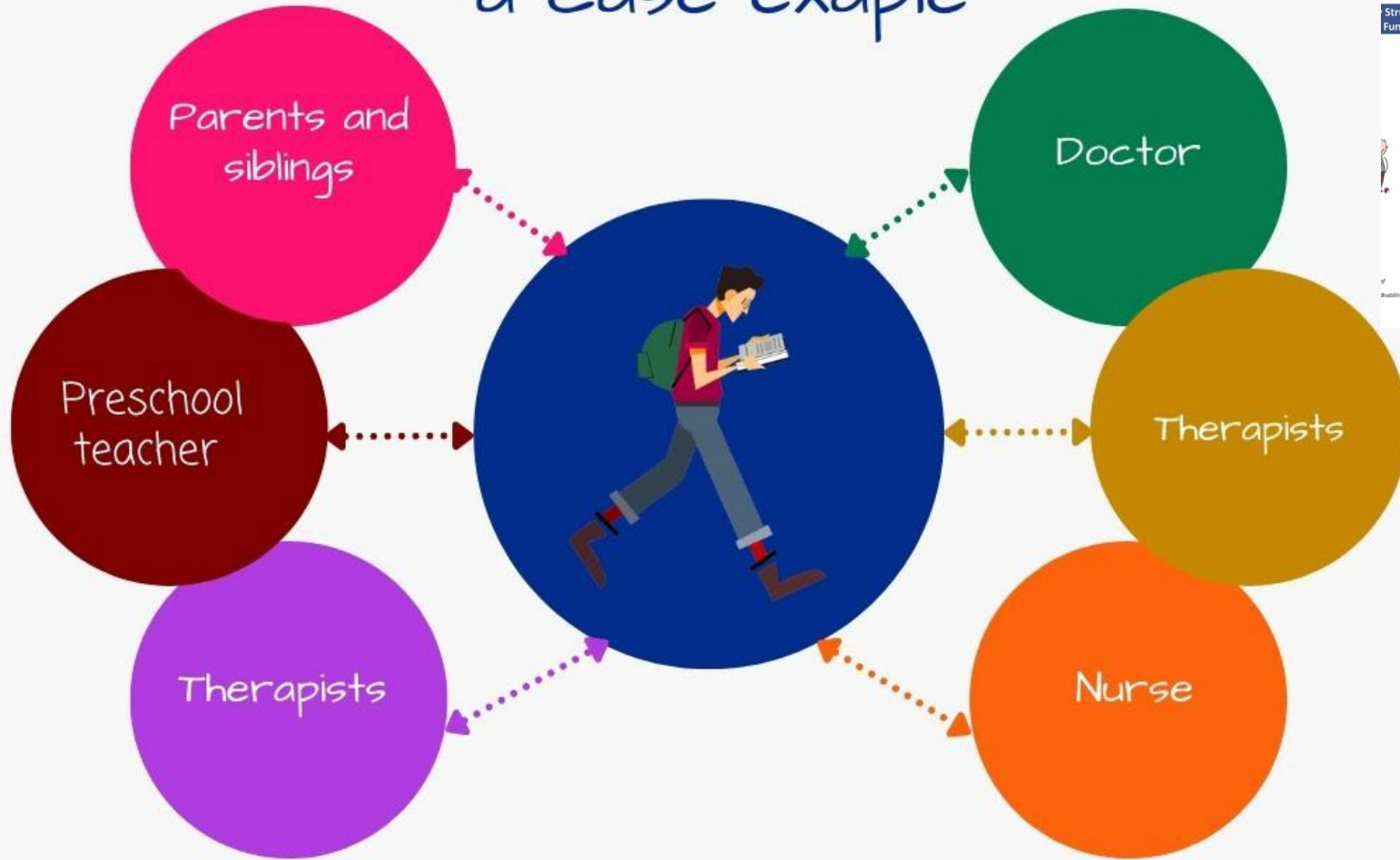
1) World Health Organization. (2001) *International Classification of Functioning, Disability and Health (ICF)*
2) Rosenbaum P & Gorter JW. (2012). The 'F-words' in childhood disability: I swear this is how we should think! *Child Care Health Dev*; 38.
*Photos shared with permission from World CP Day.

For more information visit the F-words Knowledge Hub:
www.canchild.ca/f-words

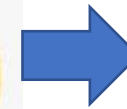
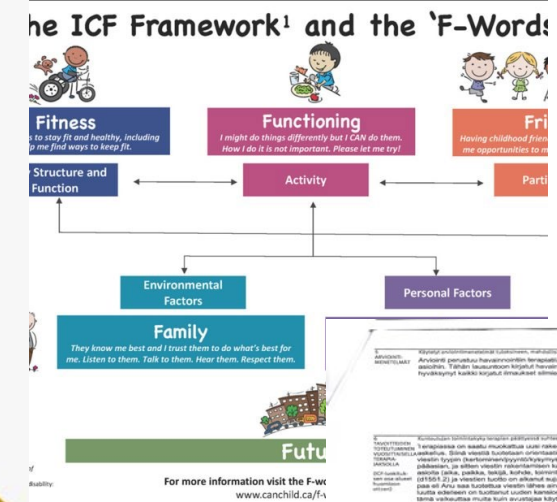


FIGURE 1 | The ICF framework and the F-words.

Rehabilitation planning -a case exaple



Multifunctional rehabilitation



Document



Rehabilitation negotiation

How to involve the child in rehabilitation planning?

Draft....

Family: *I have mother, and father.*

Also I have also preschool teacher who helps me in school. And my therapists work with me a few times a week

Fitness: *I am in good shape. I need help with using my both hands*

Fun: *I love Fishing with friends. My hobby is to watch and repair racecars with my father*

Function: *I can manage by myself almost all the time. I would like to run faster in gymnastics to keep up with peers*

Friends: *I have friends in school activities in leisure time*



Case example:
Eight year old boy with hemiplegia

CHILDORIENTED
REHABILITATION PLAN

I Keep my both hands in action

I can find my stuff



I can find where I am going

I can run faster

Results

- *ParticiPate CP – Sara Reedman et al.*



CMAP Book

A tool to enhance child's participation and active agency

The book is an opportunity to describe meaningful things in different ways

Easy to use, can be used applications or by paper version

The book grows with the child



What I want to learn



A DESCRIPTION OF THE CHILD’S MEANINGFUL ACTIVITIES

Audiofiles

Videos

I know and I can

OSAAN JA VIILETÄN

I'm so fast runner, I practice jumping and squats. I'm a great dancer, like a disco king.

I move agilely in familiar surroundings eventhough I sometimes move like an old sailor. I fit into a small space and I love to climb. I have learned to jump over a small puddle.

I'd rather run and walk free and I'm irritated if I'm forced to sit in a wheelchair.



I go riding with my favorite horse "Mikki". Riding helps me to improve my balance and temper (patience)

It is superfun to play rolegames and steel my sister's important stuff.

Right now I enjoy comics and especially superheroes and HULK!



..... Pictures

..... Texts

