

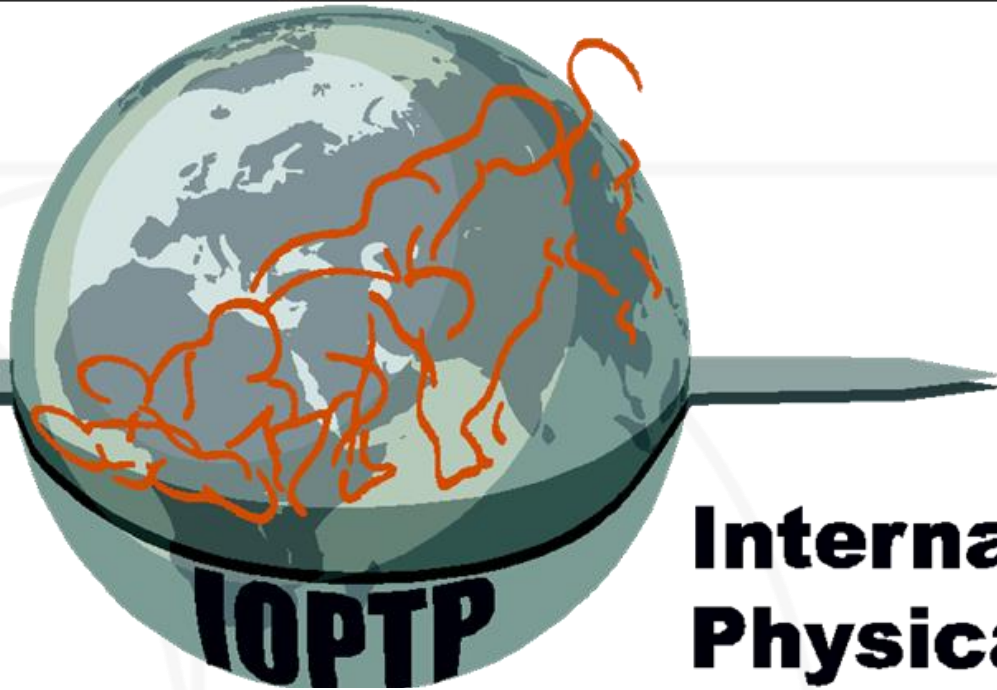


**International Organisation of
Physical Therapists in Paediatrics**



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International Organisation of Physical Therapists in Paediatrics

Objective #4

Describe collaborative and inclusive family-based interventions to promote physical activity and participation for families and children with or at risk for disability.

- Case Examples
- Ballet
- Soccer

Promote Activity,
Function and
Fitness to
Optimize
Participation in
Home, School,
Community



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I want to be
a
ballerina....





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Young boy (4 years) was receiving physical therapy. Initially he was difficult to engage and reluctant to participate. In an effort to engage him more fully, I asked him what he wanted to do in PT. He asked if I might help him so he could play on a “soccer team” like his big brother. His therapy focused on skills to improve his motor skills in daily life with a focus on “soccer”. Endurance, speed, ball handling for eye-foot/eye-hand coordination... He practiced at home with his brother and his Dad. It became a family activity.

His motor skills in Daily activities improved functionally across daily activities and on all surfaces. His peers engaged with him across motor and social activities. At By the end of the school year he had made great gains and no longer qualified for PT.

His mother messaged me a few months later to let me know he had made the soccer team, kindergarten was going well and he had made friends in his new class.



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Open Discussion: Questions and Answers

Questions can be submitted in the chat room